

# University Resources

Department	Services Provided	Contact Information
<b>Campus Safety &amp; Security</b>	<ul style="list-style-type: none"> <li>• Bike rentals, parking, University ID cards</li> <li>• Emergency response, including CPR, first aid, wellness check, or safety</li> <li>• Transportation assistance for medical or safety purposes</li> <li>• Assisting with minor vehicle problems (e.g. jump start, air in tires, etc.)</li> </ul>	ERC 1200 315-268-6666 safetyandsecurity@clarkson.edu <a href="http://clarkson.edu/campus-safety">clarkson.edu/campus-safety</a>
<b>Career Center</b>	<ul style="list-style-type: none"> <li>• Connect with the best job and graduate school opportunities</li> <li>• Help identifying co-ops and internships</li> <li>• Develop professional and leadership skills</li> <li>• Improve job search skills</li> </ul>	ERC 2300 315-267-6477 career@clarkson.edu <a href="http://clarkson.edu/career">clarkson.edu/career</a>
<b>Diversity, Equity, &amp; Inclusion</b>	<ul style="list-style-type: none"> <li>• Intentional student, faculty, and staff engagement through formal &amp; informal education</li> <li>• Professional development for students &amp; employees to become global citizens</li> </ul>	Student Center 110 315-268-3785 diversity@clarkson.edu
<b>International Center</b>	<ul style="list-style-type: none"> <li>• Assist with the identification of study &amp; work abroad opportunities</li> <li>• Engage and advise international students, faculty, &amp; staff</li> <li>• Cultivate international partner relations</li> </ul>	ERC 2300 315-268-3943 internationalcenter@clarkson.edu
<b>Office of Accessibility Services (OAS)</b>	<ul style="list-style-type: none"> <li>• Assure access to CU &amp; its programs for students with disabilities</li> <li>• Provide appropriate services for students with temporary, long-term, &amp; permanent disabilities</li> </ul>	Price Hall 1003 315-268-7643 oas@clarkson.edu <a href="http://clarkson.edu/accessibility-services">clarkson.edu/accessibility-services</a>
<b>Office of Residence Life</b>	<ul style="list-style-type: none"> <li>• Roommate and peer conflict</li> <li>• Room changes, meal plan changes</li> <li>• General support and referral to resources</li> </ul>	Price Hall 1003 315-268-6642 reslife@clarkson.edu <a href="http://clarkson.edu/residence-life">clarkson.edu/residence-life</a>
<b>Office of Student Life (OSL)</b>	<ul style="list-style-type: none"> <li>• Provide support and guidance to all clubs and organizations</li> <li>• Advisement for Fraternity &amp; Sorority Organizations, CUSA, and CUB</li> <li>• Provide leadership training and opportunities for students</li> </ul>	Student Center 126 315-268-6426 studentlife@clarkson.edu
<b>Office of the Dean of Students</b>	<ul style="list-style-type: none"> <li>• Student support and advocacy (facilitates problem solving across campus)</li> <li>• Basic needs, student emergency relief, Clarkson Pantry, etc.</li> <li>• Medical withdrawal</li> <li>• Notification of Absence (serious injury or illness to self or family)</li> </ul>	Price Hall 1003 315-268-6620 deanofstudents@clarkson.edu <a href="http://clarkson.edu/dean-of-students">clarkson.edu/dean-of-students</a>
<b>Office of University Advising (OUA)</b>	<ul style="list-style-type: none"> <li>• College transition</li> <li>• Curriculum navigation</li> <li>• Degree completion assistance</li> </ul>	B.H. Snell Hall 324D 315-268-4217 oua@clarkson.edu
<b>Student Achievement Services (SAS)</b>	<ul style="list-style-type: none"> <li>• Financial aid, student loans, tuition bills &amp; payment plans</li> <li>• Student academic records &amp; transcript services</li> <li>• Academic calendar, course information, &amp; scheduling</li> </ul>	TAC 207 315-268-6451 sas@clarkson.edu
<b>Student Health and Counseling (SHAC)</b>	<ul style="list-style-type: none"> <li>• Campus clinic for illness and injury</li> <li>• Gynecological care, birth control, emergency contraception</li> <li>• STD &amp; HIV testing &amp; treatment</li> <li>• Immunizations, flu vaccination, allergy injections</li> <li>• 24/7 mental health crisis support (contact Campus Safety outside business hours)</li> <li>• Individual and group counseling, workshops and presentations</li> </ul>	ERC 1300 315-268-6633 shac@clarkson.edu <a href="http://clarkson.edu/SHAC">clarkson.edu/SHAC</a>
<b>Student Success Center</b>	<ul style="list-style-type: none"> <li>• Academic skills: Time/task management, study skills, test taking strategies</li> <li>• Tutoring services (sign up through myCU)</li> <li>• Community of Underrepresented Professionals (CUPO)</li> <li>• Higher Education Opportunity Program (HEOP)</li> </ul>	ERC 1400 315-268-2209 ssc@clarkson.edu
<b>University Libraries</b>	<ul style="list-style-type: none"> <li>• Research and citation help</li> <li>• One-on-one customized consultations available</li> <li>• Support for Zotero citation manager</li> </ul>	ERC first floor 315-268-2292 circdesk@clarkson.edu <a href="http://sites.clarkson.edu/library/ask-a-librarian">sites.clarkson.edu/library/ask-a-librarian</a>
<b>Writing Center</b>	<ul style="list-style-type: none"> <li>• One-on-one, 25 minute sessions with peer tutors</li> <li>• Review of all writing from essays to projects; lab reports to business plans, bring the assignment instructions</li> <li>• Online resources: Style sheets, punctuation rules, and self-editing processes</li> </ul>	B.H. Snell Hall 139 315-268-4439 wcenter@clarkson.edu

# External Resources

## Emergency Contacts

Organization	Services Provided	Contact Information
9-1-1	<ul style="list-style-type: none"> <li>Emergency services for fire, rescue, and police</li> </ul>	9-1-1
Reachout of St Lawrence County	<ul style="list-style-type: none"> <li>Crisis and information hotline for basic needs, alcohol/drug use, and mental health</li> <li>Mobile crisis team of counselors to meet and assess individuals at risk</li> <li>Educate the population on suicide intervention skills</li> </ul>	24/7 hotline: 315-265-2422 <a href="http://reachouthotline.org">reachouthotline.org</a>
Renewal House	<ul style="list-style-type: none"> <li>Provide support for victims of domestic violence and sexual assault</li> <li>Emergency assistance for basic needs, including food and shelter</li> <li>Crisis counseling and intervention</li> <li>A representative is typically on campus weekly during the academic year</li> </ul>	24/7 hotline: 315-379-9845 renewalhouse@verizon.net <a href="http://slvrenewalhouse.org">slvrenewalhouse.org</a>
Suicide and Crisis Lifeline	<ul style="list-style-type: none"> <li>Previously known as the National Suicide Prevention Hotline</li> <li>Assist individuals who are depressed, going through a hard time, need to talk, or are thinking about suicide</li> </ul>	24/7 hotline: 9-8-8 (call or text) <a href="http://988lifeline.org">988lifeline.org</a> (chat available)
The Trevor Project	<ul style="list-style-type: none"> <li>World's largest suicide prevention &amp; mental health organization for LGBTQ* youth</li> <li>Crisis counselors who assist LGBTQ* individuals with coming out, LGBTQ* identity, depression, and suicide</li> </ul>	24/7 hotline: 866-488-7386 (call) or 678-678 (text) <a href="http://thetrevorproject.org">thetrevorproject.org</a> (chat available)

## Non-Emergency Contacts

Organization	Services Provided	Contact Information
Alcoholics Anonymous	<ul style="list-style-type: none"> <li>Free support group for individuals struggling with alcohol abuse</li> <li>Meetings available in Potsdam daily Monday-Friday</li> </ul>	315-268-0120 <a href="http://aa-stlawrenceny.org">aa-stlawrenceny.org</a>
Al-Anon	<ul style="list-style-type: none"> <li>Free support group for those who have loved ones struggling with alcohol abuse</li> <li>Meetings available in Potsdam weekly</li> </ul>	888-425-2666 <a href="http://al-anon.org">al-anon.org</a>
GardenShare	<ul style="list-style-type: none"> <li>Food assistance for affordable, healthy, and locally grown food</li> <li>Annual local food guide with restaurants, farmers markets, farms, etc.</li> <li>Distributes resources for food pantries and community meals: <a href="http://gardenshare.org/index.php/content/food-assistance-information">gardenshare.org/index.php/content/food-assistance-information</a></li> </ul>	315-261-8054 info@gardenshare.org <a href="http://gardenshare.org">gardenshare.org</a>
Local Law Enforcement Agencies	<ul style="list-style-type: none"> <li>Assistance with police matters that do not require emergency communication</li> </ul>	Potsdam Police: 315-265-2121 County Sheriff: 315-379-2222 State Police: 315-379-0012
Planned Parenthood of the North Country	<ul style="list-style-type: none"> <li>Reproductive wellness exams, limited primary care services</li> <li>STI testing and treatment, HIV testing</li> <li>Contraception (e.g. pills, IUDs, implants, emergency) and free condoms</li> <li>Gender Affirming Hormone Therapy</li> </ul>	1-800-230-7526 <a href="http://ppncny.org">ppncny.org</a>
The Q Center at ACR Health	<ul style="list-style-type: none"> <li>Support groups and programming for LGBTQ youth and young adults</li> <li>Leadership and advocacy training</li> <li>HIV and STD counseling and testing</li> </ul>	315-475-2430 qcenter@acrhealth.org <a href="http://acrhealth.org/youth-programs/q-centers">acrhealth.org/youth-programs/q-centers</a>
St Lawrence County Addiction Services	<ul style="list-style-type: none"> <li>Assistance for alcohol and substance abuse</li> <li>Outpatient (including telehealth) treatment for individuals and groups</li> <li>Canton, Gouverneur, Massena, and Ogdensburg clinics</li> </ul>	315-386-2189 <a href="http://stlawco.org/Departments/CommunityServices/AddictionServices">stlawco.org/Departments/CommunityServices/AddictionServices</a>
St Lawrence County Mental Health Services	<ul style="list-style-type: none"> <li>Providers who specialize in inpatient and outpatient treatment</li> <li>Vocational services</li> <li>Contact information varies by provider</li> </ul>	<a href="http://stlawco.org/Departments/CommunityServices/MHSProviders">stlawco.org/Departments/CommunityServices/MHSProviders</a>
St Lawrence Health System Substance Use	<ul style="list-style-type: none"> <li>Addiction treatment services for drug, alcohol, and substance use disorder</li> <li>Inpatient and outpatient treatment available</li> <li>Group therapy sessions available (e.g. coping skills, gender issues, loss and healing, stress management, and trauma)</li> </ul>	24/7 Hotline: 315-261-5395 General: 315-353-2572 <a href="http://stlawrencehealthsystem.org/services/substance-use">stlawrencehealthsystem.org/services/substance-use</a>
United Helpers Behavioral Health Clinic	<ul style="list-style-type: none"> <li>Assist with managing chronic health conditions and mental illness</li> <li>Counseling and psychiatric services in-person and via telehealth</li> <li>Individual and group therapy available, including 24/7 crisis services</li> </ul>	315-714-3117 <a href="http://unitedhelpers.org/behavioral-health-services/behavioral-health-clinics">unitedhelpers.org/behavioral-health-services/behavioral-health-clinics</a>