Walker Arena Addendum to Clarkson University
Gyms and Fitness Centers Re-opening Plan
January 26, 2021
INTRODUCTION

This follows the Higher Ed Athletics Guidance with the Pro Sports Competitions with no Fans (which we have done and shared) plus the Professional Sports Training Facilities and inclusive of updated considerations in the Sports and Recreation Master Guidance.

This report follows the Professional Sports Training Facilities Guidance issued June 26, 2020 and is an additional addendum to the Clarkson University Reopening Plan submitted to New York State on July 21, 2020 following the higher education guidance.

This report has been prepared in accordance with the New York Forward Interim Guidance for Higher Education Athletics issued on November 23, 2020. This section is further aligned to the Interim Guidance issued on August 17, 2020 for Gyms and Fitness Centers during the COVID-19 Public Health emergency, the Interim Guidance issued September 11, 2020 for Professional Sports Competitions with No Fans During COVID-19 Health Emergency. This report is consistent with what was presented to the St. Lawrence County Department of Health on Intercollegiate Athletic facilities and Clarkson Athletics Re-Opening of Gyms/Fitness Centers on our campus in Potsdam, NY and then organized by the guidance requirements provided for people, places and processes.

Access for our intercollegiate teams - both indoors and outdoors -- has been a high priority based on constituent feedback in our reopening planning process. The health, safety and well-being of our greater Clarkson community is our highest priority. With the mindset to be future-ready under fluid circumstances, we strive throughout the restart process to make decisions that also build the resilience of the communities where we operate.
Walker Arena is the practice facility for our University lacrosse, soccer, baseball and softball teams and houses the locker rooms for the Men’s and Women’s Lacrosse and Soccer and Alpine Ski teams. This facility will only be used by organized University teams during the initial phase of re-opening.

I. PEOPLE
   A. Physical Distancing
      1. Facility is limited to 50% occupancy with 6’ social distancing capacity, which is 102 individuals using the facility under the interim guidelines; In this initial phase we will be limited to only athletes and coaches and those essential to a practice.
      2. Facility is accessed during scheduled practice times only.
      3. Where people may congregate, markers spaced 6’ apart will denote social distancing guidelines.
      4. Only essential personnel needed to successfully conduct a practice while maintaining all applicable health and safety standards will be allowed in the venue.
      5. There will be a tiered system in order to control movement and access within the arena
         a) Tier 1 - players, coaches, athletic trainers and strength and conditioning coaches and equipment managers
         b) Tier 2 - Desk check-in workers
         c) Tier 3 - Athletic Director and other administrators to assist with practice facility needs.
      6. Signage will be placed around facility at appropriate locations
         a) NYSDOH recommended signage will be used
      7. All athletes and coaches must remain 6’ apart, at all times unless safety or “core activity” requires a shorter distance
         a) NYS defines a “core activity” as using an elevator, attending to a medical emergency, or practicing or playing
      8. Face coverings are mandated for athletic activity. No exceptions.
      9. In areas such as the bench or sidelines where person to person contact is traditionally frequent, the following measures will be taken to eliminate that contact.
         a) Masks will be worn by coaches, trainers and equipment managers
         b) Markers will be placed to denote where coaches, trainers and equipment managers will be allowed to stand
         c) To the greatest extent possible practices will be modified so that individuals are a least six feet apart in all directions, particularly during field exercises, drills and other practice activities
      10. Coaches are required to wear a face mask and socially distance 6’ apart from all athletes and other coaches/staff at all times.
11. Coaches must reinforce social distancing, mask wearing, cleaning procedures and capacity
12. One way lanes will be utilized to limit congestion in hallways that are 6’ wide or less.
13. Work stations have been modified and, additional work stations have been set up for statisticians to ensure 6’ distancing at all times

B. Gatherings in Enclosed Spaces
1. Team meetings outside of practice will be conducted virtually whenever possible
2. If in person team meetings are necessary, they will be held in open, well-ventilated spaces and face coverings will be worn at all times and individuals will maintain 6’ of social distance between one another.
3. Locker rooms will be used as per 6’ social distancing occupancy limits as the upper limit. Occupancy levels will be posted outside of each locker room.
4. The locker room and shower/bathroom facilities will be disinfected immediately upon entry, and immediately following departure.
5. Practices will be scheduled in such a way as to allow for proper airflow exchange, cleaning and disinfection
6. Men’s and Women’s games will be scheduled on opposite days to allow for proper airflow exchange, cleaning and disinfection

C. Workplace Activity
1. Practices/competition will be held in accordance with NYS Supplemental Guidance for Athletics at Higher Education Institutions During the COVID-19 Health Emergency and NCAA and Liberty League Protocols.
2. Walker Arena will be maintained in accordance with safety regulations to ensure safety to execute practices.
3. All team staff, and venue personnel have received COVID -19 safety training from our University Environmental Health and Safety Officer.
4. Entry and exit will be designated so congestion will be limited.

D. Movement and Commerce
1. Only essential personnel needed to successfully conduct a practice while maintaining all applicable health and safety standards will be allowed in the venue.
2. A separate team entrance for the teams using the locker room area and the main entrance is designated for those arriving for practice to ensure limited congestion.
3. Please see attached diagram for the traffic flow

II. PLACES

A. Protective Equipment
1. Acceptable face coverings must be worn at all times
   a) Bandanas, buffs and gaiters are not acceptable face coverings
2. Limit the sharing of objects or touching of shared surfaces
   a) Communal water fountains on site will be closed
   b) Communal water bottle filling stations will be open with proper
      social distancing guidelines
   c) Bathrooms that are located in the respective team locker rooms
      will be disinfected after pre and post practice or game.
   d) Bathrooms that are located on the main level will be blocked off
      every other one to allow for social distancing and decrease the
      density and be at 50% occupancy.

B. Hygiene and Cleaning

1. Athletes and equipment managers must wipe down each piece of
   equipment after each use
   a) Sharing of equipment is not recommended, but if sharing occurs,
      the equipment will be wiped down between each practice or game
   b) All equipment will be left out to be cleaned thoroughly at the end of
      each practice or game

2. Coaches must disinfect their work station and common use items after
   each practice session

3. Coaches and athletes must use the provided, EPA approved products to
   clean and disinfect all surfaces and equipment

4. Athletes must disinfect their equipment after each use
   a) Disinfecting supplies and stations will be easily accessible within
      the facility

5. Athletes must wash their hands or, where appropriate, use hand sanitizer
   after each activity

6. If hands are visibly soiled, hand washing must occur instead of using
   hand sanitizer

7. Coaches will enforce cleanliness policy, as well as clean equipment
   themselves where appropriate during practice sessions

8. Commonly used items, will be cleaned by staff after each practice or
   game
   a) Athletes will have their own water bottles, towels etc....

9. Scheduled practice and game times allow for a change of air via HVAC
   system to limit cross contamination between practice blocks.

10. Foggers will be utilized at least once per day at the close of the facility
    a) Due to their ability to put large amounts of chemicals into the air
        and on surfaces, use of foggers during operating hours will be at
        the discretion of employees to maximize cleanliness but also
        minimize potential exposure to airborne chemicals
    b) Use of foggers will only be allowed when employee is donning
        appropriate PPE (mask and goggles at minimum), during cleaning
        windows, and giving appropriate time to let chemical dissipate

11. If appropriate, an area of the facility may be closed during a practice
    session for deep cleaning via spray bottle, wipes,
    a) Foggers can not be used under these circumstances due to high
       likelihood of exposure to airborne chemicals

12. If an individual utilizes the facility and later tests positive for COVID-19,
    sanitation procedures outlined on page 13 of NY State/Department of
    Health Interim Guidance for Gyms document will be performed
C. Phased Re-Opening
1. During this initial phase, only the current Clarkson Community can use the facility

D. Communication
1. Floor stickers and tape will designate entrance, exit and flow of traffic in, out and around facility
2. Equipment will be moved and arranged to allow for social distancing and one way flow of traffic throughout facility where 6’ hallways are not available
3. One way lanes in hallways less than 6’ must be utilized to limit congestion
4. Where people may congregate, markers spaced 6 feet apart will denote social distancing guidelines
5. Signage will be placed around facility at appropriate locations
   a) NYSDOH recommended signage will be used and examples can be found in the appendix of this document
6. Laurel Kane is the safety monitor for Walker Arena

III. PROCESSES
   A. Screening and Testing
1. For pre-season Intermediate Risk Sports
   a) Testing will be performed in conjunction with the school plan
      (1) PCR Surveillance testing weekly - appx. 300 students per week
2. For regular and postseason Intermediate Risk Sports:
   a) Surveillance PCR or antigen testing, for example, 25%-50% of athletes and Tier 1 non athlete personnel every one or two weeks if physical distancing, masking and other protective features are not maintained, plus additional testing for symptomatic and high infection risk individuals if warranted
   b) If travel cannot take place with physical distancing and masking, then PCR testing within three days before travel departure, or antigen/rapid PCR testing within one day before travel for away competitions
   c) Daily health screenings and temperature checks are required for all in season sport teams and will be used for practice, home and away games
      (1) Clarkson’s athletic trainer will manage this for our players, trainers and coaches through our ATS system.
      (2) Visiting teams will be responsible for completing their own daily health screenings and keeping them on file.
      (3) Screenings may be completed prior to arrival by electronic survey or be performed on site
      (4) Temperatures will be taken prior to entering the bus for an away game.
      (5) Screening must determine if the individual has:
          (a) knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
(b) tested positive for COVID-19 through a diagnostic test in the past 14 days
(c) experienced symptoms of COVID-19 in the past 14 days; and
(d) Have you traveled to any state that is not contiguous with NYS for longer than 24 hours

3. Any individual who screens positive for COVID-19 symptoms shall not be permitted access to the facility until released by a medical professional.

4. The safety monitor will be the Associate Athletic Director, Laurel Kane

5. A log will be kept for at least 28 days for those that worked each practice and in what capacity.
   a) Log must include contact information

B. Contact Tracing
   a) If a test comes back positive from an employee, player or staff, the St. Lawrence County Department of Health will be notified immediately
   b) All data for the athletes will be stored and kept by athletic trainer for contact tracing purposes for a minimum of 28 days
   c) All data for our team personnel will be stored with our Human Resource office for a minimum of 28 days.
   d) The use of the facility is scheduled through the Assistant Athletic Director, Ben Gaebel