Addendum to Clarkson University Gyms and Fitness Centers Re-opening Plan Submitted to NYS November 13, 2020 Addendum for Basketball January 14, 2021
INTRODUCTION

As an additional addendum to the Clarkson University Reopening Plan submitted to New York State on July 21, 2020 following the higher education guidance, this report has been prepared in accordance with the New York Forward Interim Guidance issued on August 17, 2020 for Gyms and Fitness Centers during the COVID-19 Public Health emergency and the Interim Guidance issued September 11, 2020 for Professional Sports Competitions with No Fans During COVID-19 Health Emergency. This report is consistent with what was presented to the St. Lawrence County Department of Health on Intercollegiate Athletic facilities and Clarkson Athletics Re-Opening of Gyms/Fitness Centers on our campus in Potsdam, NY and then organized by the guidance requirements provided for people, places and processes.

Access for our intercollegiate teams - both indoors and outdoors -- has been a high priority based on constituent feedback in our reopening planning process. The health, safety and well-being of our greater Clarkson community is our highest priority. With the mindset to be future-ready under fluid circumstances, we strive throughout the restart process to make decisions that also build the resilience of the communities where we operate.
Alumni Gymnasium

The Alumni Gym is the practice and performance gym for our Women’s Volleyball team and our Men’s and Women’s Basketball teams. This facility will only be used by our Varsity teams during the initial phase of re-opening.

I. PEOPLE
   A. Sports Classification
      1. Both basketball and volleyball are classified as high risk sports, meaning
         a) Least ability to maintain physical distance and/or be done individually
         b) Least ability to (1) avoid touching of shared equipment (2) clean and disinfect equipment between uses by different individuals, or (3) not use shared equipment at all
   B. Physical Distancing
      1. Facility is limited to 50% capacity.
         a) 50% capacity must be used as the upper limit. If 6’ distancing cannot be maintained at this level, that capacity limit will be decreased as to allow for 6’ distance at all times
      2. Facility is accessed during scheduled practice times only
      3. Where people may congregate, markers spaced 6’ apart will denote social distancing guidelines.
      4. Signage will be placed around facility at appropriate locations
         a) NYSDOH recommended signage will be used
      5. All athletes and coaches must remain 6’ apart, at all times unless safety or “core activity” requires a shorter distance
         a) NYS defines a “core activity” as using an elevator, attending to a medical emergency, or practicing or playing
      6. If physical distance cannot be maintained among individuals at all times, unless safety or the core activity(e.g practicing/playing) requires a shorter distance, then individuals must wear an acceptable face covering. If players are unable to tolerate a face covering for the physical activity (e.g. practicing, playing); provided, however that coaches, trainers, and other individuals who are not directly engaged in physical activity are required to wear face covering.
      7. In areas such as the bench or sidelines where person to person contact is traditionally frequent, the following measures will be taken to eliminate that contact.
         a) 6’ distance markers will be placed on the sidelines/bench
         b) Chairs will be placed at 6’ distance
c) To the greatest extent possible practices will be modified so that individuals are at least six feet apart in all directions, particularly during field exercises, drills and other practice activities

8. Coaches are required to wear a face mask and socially distance 6’ apart from all athletes and other coaches/staff at all times (unless performing a “core activity” for safety purposes as explained above.
9. Coaches must reinforce social distancing, mask wearing, cleaning procedures and capacity
10. One way lanes will be utilized to limit congestion.

C. Gatherings in Enclosed Spaces
1. Team meetings outside of practice will be conducted virtually whenever possible
2. If in person team meetings are necessary, they will be held in open, well-ventilated spaces and ensure that individuals maintain six feet of social distance between one another.
   a) They will use a classroom space that has already been setup with proper distancing measures in place
3. Locker rooms will not be used as traditional locker rooms. Only the bathrooms will be used and the showers will be disabled.
4. Practices will scheduled 30 minutes apart to allow for proper airflow exchange, cleaning and disinfection

II. PLACES
A. Air Handling
1. Air handling for the Alumni Gym was designed during a pre-energy conservation period of time. It consists of two 100% outdoor air units (Clarkson Assets: AG-100-FCU-101 and AG-100-FCU-102) which generate heat conditioned positive air pressure within the AG-100 gym space. Air flows up and out of the building through 4 roof peak exhaust louvres. No return air for mixing is possible in this design and therefore no appropriate place for MERV-13 filter installations.

B. Protective Equipment
1. Acceptable face coverings must be worn at all times
   a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield at all times
   b) Bandanas, buffs and gaiters are not acceptable face coverings
2. Limit the sharing of objects or touching of shared surfaces
   a) Communal water fountains on site will be closed
   b) Communal water bottle filling stations will be open with proper social distancing guidelines
   c) Bathrooms are located in the respective team locker rooms and will be disinfected after each training session

C. Hygiene and Cleaning
1. Athletes must wipe down each piece of equipment after each use
   a) Sharing of equipment is not recommended, but if sharing occurs, the equipment will be wiped down between each practice drill
   b) All equipment will be left out to be cleaned thoroughly at the end of each training session
2. Coaches must disinfect their work station and common use items such after each practice session
3. Coaches and athletes must use the provided, DEC and EPA approved products to clean and disinfect all surfaces and equipment
4. Athletes must disinfect their equipment after each use
   a) Disinfecting supplies and stations will be easily accessible within the facility
5. Athletes must wash their hands or, where appropriate, use hand sanitizer after each activity
6. If hands are visibly soiled, hand washing must occur instead of using hand sanitizer
7. Coaches will enforce cleanliness policy, as well as clean equipment themselves where appropriate during practice sessions
8. Commonly used items, balls, bats, etc. will be cleaned by Coaches after each training session (in addition to cleaning during appointment blocks by athletes and coaches)
   a) Athletes will have their own water bottles, foam rollers (where appropriate), and reversible practice jersey.
9. Scheduled practice times allow for a change of air via HVAC system to limit cross contamination between practice blocks.
10. Foggers will be utilized at least once per day at the close of the facility
    a) Due to their ability to put large amounts of chemicals into the air and on surfaces, use of foggers during operating hours will be at the discretion of employees to maximize cleanliness but also minimize potential exposure to airborne chemicals
    b) Use of foggers will only be allowed when employee is donning appropriate PPE (mask and goggles at minimum), during cleaning windows, and giving appropriate time to let chemical dissipate from air before next 90 minute workout block
11. A walk-behind floor scrubber will be used at least once per day to disinfect floor surfaces
    a) Will be used at minimum once daily at close of facility
12. If appropriate, an area of the facility may be closed during a workout block for deep cleaning via spray bottle, wipes, and/or floor scrubber if participation at a given workout block is low and social distancing can be maintained in the area of the facility that remains open
    a) Foggers can not be used under these circumstances due to high likelihood of exposure to airborne chemicals
13. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 of NY State/Department of Health Interim Guidance for Gyms document will be performed

D. Phased Re-Opening
1. During this initial phase, only the essential staff to put on a game will be allowed on site.
2. Visiting teams will have limited travel parties as well to decrease the density in the building.

E. Communication
1. Facility is accessed only by schedule through the Assistant Athletic Director
   a) Working on a schedule that has groups of 10 use the gym practice block
2. Floor stickers and tape will designate entrance, exit and flow of traffic in, out and around facility
3. Equipment will be moved and arranged to allow for social distancing and one way flow of traffic throughout facility
4. One way lanes must be utilized to limit congestion
5. Where people may congregate, markers spaced 6 feet apart will denote social distancing guidelines
6. Signage will be placed around facility at appropriate locations
   a) NYSDOH recommended signage will be used and examples can be found in the appendix of this document
7. Laurel Kane, Associate Athletic Director, is site safety monitor for the Alumni Gymnasium

I. PROCESSES
   A. Screening and Testing
   a) Diagnostic testing for COVID-19 will be performed weekly for both home and visiting teams and tier 1 staff members, as is recommended by the NCAA.
      (1) Regular and postseason, high risk indoor sports - testing (PCR/antigen/rapid PCR testing) of athletes and Tier 1 non-athlete personnel three times weekly on nonconsecutive days.
      (2) If travel cannot take place with physical distancing and masking, then PCR testing within three days before travel departure, or antigen/rapid PCR testing within one day before travel for away competitions.
      (3) When competing once weekly within a conference or specified geographic locale:
         (a) If a single game- PCR test within three days before the game, or antigen/rapid PCR test the day of the game
         (b) If back to back games against the same team then PCR test within three days before the second game, or antigen/rapid PCR within one day of each game.
         (c) If two games against the same team are separated by one day (ie. Friday -Sunday) - PCR test within
three days before the second game or antigen/rapid PCR test within one day of each game.

(d) These scenarios do no apply to multiple teams meeting in one location

b) Daily health screenings are required for all in season sport teams and will be used for practice, home and away games
   
   (1) Clarkson’s athletic trainer will manage this for our players, trainers and coaches through our ATS system.
   
   (2) Visiting teams will be responsible for completing their own daily health screenings and keeping them on file.
   
   (3) Screenings may be completed prior to arrival by electronic survey or be performed on site
   
   (4) Temperatures will be taken prior to entering the bus for an away game.
   
   (5) Screening must determine if the individual has:
       
       (a) knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
       
       (b) tested positive for COVID-19 through a diagnostic test in the past 14 days
       
       (c) experienced and symptoms of COVID-19 in the past 14 days; and
       
       (d) Have you traveled to any state that is not contiguous with NYS for longer than 24 hours

Any individual who screens positive for COVID-19 symptoms shall not be permitted access to facility

cy) The safety monitor is Laurel Kane for the Alumni Gymnasium

2. Contact Tracing
   
a) All data for the athletes will be stored and kept by athletic trainer for contact tracing purposes for a minimum of 28 days
   
b) All data for our team personnel will be stored with our Human Resource office for a minimum of 28 days.
   
c) Facility is accessed by two teams only and is scheduled through the Assistant Athletic Director