



**Clarkson University
Athletics and Recreation
NYS Reopening Plan**

As of August 26, 2020

INTRODUCTION

As an addendum to the Clarkson University Reopening Plan submitted to New York State on July 21, 2020 following the [higher education guidance](#), this report has been prepared in accordance with the [New York Forward Interim Guidance issued on August 17, 2020 for Gyms and Fitness Centers](#) during the COVID-19 Public Health emergency. This report is broken down by each fitness facility on our campus in Potsdam, NY and then organized by the guidance requirements provided for people, places and processes.

Access to recreation and fitness facilities - both indoors and outdoors -- has been a high priority based on constituent feedback in our reopening planning process. The health, safety and well-being of our greater Clarkson community is our highest priority. With the mindset to be future-ready under fluid circumstances, we strive throughout the restart process to make decisions that also build the resilience of the communities where we operate.

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Deneka Fitness Center

Schuler Indoor Recreation & Alumni Gym Complex

This facility will be used by current students, faculty and staff. It will be accessed only through an online reservation system that will have designated appointment blocks. At this time, there will be no fitness classes during this phase of reopening.

I. People

A. Physical Distancing

1. Facility is limited to 33% capacity, which is 29 individuals using the facility and up to 2 employees under the interim guidelines;
 - a) 33% capacity must be used as the upper limit. If 6' distancing cannot be maintained at this level, that capacity limit will be decreased as to allow for 6' distance at all times
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use;
 - a) No walks-in allowed.
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines.
4. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in the appendix
5. All patrons and employees must remain 6' apart, at all time unless safety or "core activity" requires a shorter distance
 - a) NYS defines a "core activity" as using an elevator, attending to a medical emergency etc.
 - b) Core activities do NOT apply to exercise activities - 6' distance must be maintained at all times while exercising.
6. Spotting is considered a "core activity" for safety reasons
 - a) Employees should discourage free weight exercises that require a spotter. However, if those exercises occur, an employee wearing a face covering should be available or the patron who is lifting the weights should have a member of their household who is wearing a face covering available to spot. In either case, spotting must be conducted within the least amount of time possible (ie. no lingering or socializing)
7. If physical distancing is not achievable in areas such as the front desk, physical barriers will be erected (e.g. Plexiglass)

8. In areas such as the front desk where person to person contact is traditionally frequent, the following measures will be taken to eliminate that contact.
 - a) A contactless ID card scanner will be utilized to check into the facility.
 - b) An internet based reservation system (EZ Facility), will be utilized to reserve time to use the facility.
9. Employees are required to wear a face mask and socially distance 6' apart from all patrons and other employees at all times (unless performing a "core activity" for safety purposes as explained above.
10. Employees must reinforce social distancing, mask wearing, cleaning procedures and capacity (via EZfacility and ID card check ins)
11. One way lanes will be utilized to limit congestion.

II. Places

A. Air Handling System

1. Carrier roof-top unit (Clarkson Asset-FC-FRF3-RTU-001) serving Deneka Fitness center serves 100% supply and exhaust air for space. System utilizes gas combustion for heating as well as DX cooling. System has capability for 0-100% regenerative (mixed) air supply for energy conservation purposes. System has been configured for 0% regenerative air equating to 100% outdoor air supply.

B. Protective equipment

1. Acceptable face coverings must be worn at all times
 - a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield at all times
 - b) Bandanas, buffs and gaiters are not acceptable face coverings for use in gyms and fitness centers
2. Limit the sharing of objects or touching of shared surfaces
 - a) Shower units within the locker rooms are no longer operable
 - b) Communal water fountains on site will be closed
 - c) Communal water bottle filling stations will be open with proper social distancing guidelines
 - d) Bathrooms are individual use only each with dedicated doors to enter and will be disinfected after each appointment block.

C. Hygiene and Cleaning

1. Patrons must wipe down each piece of equipment after each use
 - a) Sharing of equipment is not recommended, but if sharing occurs, the respective patron must wipe down each piece of equipment after their use, before the next patron uses said equipment
2. Employees will be assigned their own "zones" to clean and enforce rules to minimize employee travel throughout the facility

3. Employees will be trained on cleaning all surfaces using all products in the facility to ensure correct application of each cleaning and disinfecting product
4. Employees must disinfect their work station and common use items such as phone and computer after each use.
5. Blocks have been determined by educational class times to give students ample opportunity to utilize facility while balancing facility needs to clean surfaces and allow air filtration to occur
6. Employees and patrons must use the provided, DEC and EPA approved products to clean and disinfect all surfaces and equipment
7. Patrons must disinfect their equipment after each use
 - a) Disinfecting supplies and station will be supplied and stationed throughout the facility
 - b) An employee will monitor the patrons to ensure compliance
8. Patrons must wash their hands or, where appropriate, use hand sanitizer after each activity
9. If hands are visibly soiled, hand washing must occur instead of using hand sanitizer
10. Employees will enforce cleanliness policy, as well as clean equipment themselves where appropriate during appointment blocks
11. Operating hours have been broken up into 90 minute blocks of operational time, separated by either 15 or 30 minute cleaning window
12. Commonly used items (e.g. dumbbells, benches, cardio equipment) will be cleaned by employees at minimum every 90 minutes during scheduled cleaning windows between appointment blocks (in addition to cleaning during appointment blocks by patrons and employees)
13. Four times per day, longer cleaning windows have been scheduled between appointment blocks to allow for a deeper clean of commonly (explained above) and less commonly used items (e. Plyometric boxes, specialty equipment etc..)
14. Scheduled cleaning windows will allow for a change of air via HVAC system to limit cross contamination between 90 minute workout blocks
15. Foggers will be utilized at least once per day at the close of the facility
 - a) Due to their ability to put large amounts of chemicals in the air and on surfaces, use of foggers during operating hours will be at the discretion of employees to maximize cleanliness but also minimize potential exposure to airborne chemicals
 - b) Use of fogger will only be allowed when employee is donning appropriate PPE (mask and goggles at a minimum), during cleaning windows, and giving appropriate time to let chemical dissipate from the air before next 90 minute workout block
16. A walk-behind floor scrubber will be used to disinfect floor surfaces
 - a) Will be used at minimum once daily at close of facility

17. If appropriate, an area of the facility may be closed during a workout block for deep cleaning via spray bottles, wipes, and/or floor scrubber if participation at a given workout block is low and social distancing can be maintained in the area of the facility that remains open
 - a) Foggers can not be used under these circumstances due to high likelihood of exposure to airborne chemicals
18. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 on NYS/DOH Interim Guidance for Gyms document will be performed

D. Communication

1. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
2. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
3. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
4. Kelly Norman is the site safety monitor for Deneka Fitness Center

III. Process

A. Screening

1. Health screenings are required for employees and patrons at each new visit
 - a) Screenings will be performed on-site prior to them entering the facility.
 - b) Screening must determine if the individual has:
 - (1) Knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
 - (2) Tested positive for COVID-19 through diagnostic test in the past 14 days
 - (3) Experience symptoms of COVID-19 in the past 14 days; and
 - (4) Traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days

- c) Any individual who screens positive for COVID-19 shall not be permitted access to the facility

B. Contact Tracing

1. All data will be stored and kept on EZFacility for contact tracing purposes for a minimum of 28 days.
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) EZFacility appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Operating hours have been adjusted to allow for contract tracing, density requirements, disinfecting and air filtration

Fuller Pool

Schuler Indoor Recreation Center Complex

This facility will be used by current students, faculty and staff. It will be accessed only through an online reservation system that will have designated appointment blocks. All patrons will come with a swimsuit on, under their clothes. The initial check in will be at the Deneka Fitness Center desk, with a second check in at the lifeguard office where they will get assigned their lane.

I. People

A. Physical Distancing

1. Facility will be well below 33% capacity of 55 and will be limited to 8 swimmers using the pool and 3 lifeguards per appointment block
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-ins allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in the appendices
4. All patrons and employees must remain 6' apart, at all times unless safety or "core activity" requires a shorter distance.
 - a) NYS defines a "core activity" as using an elevator, attending to a medical emergency etc.
 - b) Core activities do NOT apply to exercise activities - 6' distance must be maintained at all times while exercising.
5. Employees are required to wear a face mask and socially distance 6' apart from all patrons and other employees at all times (unless performing a "core activity" for safety purposes as explained above).
6. Employees must reinforce social distancing, mask wearing, cleaning procedures and capacity
7. One way lanes will be utilized to limit congestion - (see appendix)
8. Patrons will enter through the guard office and follow traffic flow around the pool, while wearing a mask and maintaining 6' distance.
 - a) Only one patron may enter through the guard room at a time, others must wait outside in the hallway, at 6' distance, until the guard room is clear for them to pass through.
 - b) Upon entry patrons will check in with the lifeguard who will assign them a lane.

- c) Once assigned a lane ,the patron will follow flow of traffic to the deep end and place their personal belongings along the back wall (behind diving boards) in their lane’s designated zone.
- d) Upon exiting the pool, patrons will return to their lane’s designated zone to dry off, all patrons will exit through their respective locker room

II. Places

A. Air Handling System (Pool and Pool Locker Rooms)

- 1. Pool area air handling system (Clarkson Asset- IR-F2011-FCU-005) which utilizes glycol based hot water heating can be configured for either 100% outdoor air supply with forced exhaust through exterior wall louver within pool space for summer operation or 100% return air operation typical for winter mode operation.
- 2. Regenerative (return) air capability disabled for summer month operation
- 3. Air handler dedicated for pool area locker rooms (Clarkson Asset- IR-F2011-AHU-004) which utilizes glycol based hot water heating configured for 100% outdoor air supply.
- 4. Regenerative (return) air capability disabled
- 5. Dedicated exhaust for pool area locker rooms provided through (Clarkson Asset - IR-1010-AHU-001)

B. Protective equipment

- 1. Acceptable face covering must be worn at all times on the deck
 - a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield until entering the pool
 - b) Bandanas, buffs, and gaiters are not acceptable face coverings for use on the deck or anywhere in the facility
- 2. Limit the sharing of objects or touching of shared surfaces
 - a) Shower units within the locker room are disabled
 - b) Communal water fountains on site will be closed
 - c) Bathrooms will only be used in the locker room area and will be disinfected after each appointment block
 - d) There will be no use of shared equipment, and kickboards/pullbuoys will not be available to patrons
 - e) Patrons may bring their own equipment for personal use but no equipment will be shared by patrons

C. Hygiene and Cleaning

- 1. Employees will be assigned their own “zones” to clean and enforce rules to minimize employee travel throughout the facility
- 2. Employees will be trained on cleaning all surfaces using all products in the facility to ensure correct application of each cleaning and disinfecting product

3. Employees must disinfect their work station and common use items such as phone and computer after each use.
4. Scheduled cleaning windows will allow for a change of air via HVAC system to limit cross contamination between reservation blocks and allow air filtration to occur
 - a) Operating hours have been broken up into 45 or 60 minute blocks, separated by 15 or 30 minute cleaning window
5. Employees and patrons must use the provided, DEC and EPA approved products to clean and disinfect all surfaces
6. Scheduled cleaning windows will allow for a change of air via HVAC system to limit cross contamination between reservation blocks
7. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 on NYS/DOH Interim Guidance for Gyms document will be performed

D. Communication

1. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
2. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
3. Signage will be place around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
4. Zack Wahl is the site safety monitor for Fuller Pool

III. Process

A. Screening

1. All screening will be conducted at the Deneka Fitness Center front desk and will follow those guidelines:
 - a) Health screenings are required for employees and patrons at each new visit
 - (1) Screenings will be performed on-site prior to them entering the facility.
 - (2) Screening must determine if the individual has:
 - (a) Knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
 - (b) Tested positive for COVID-19 through diagnostic test in the past 14 days

(c) Experience symptoms of COVID-19 in the past 14 days; and

(d) Traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days

(3) Any individual who screens positive for COVID-19 shall not be permitted access to the facility

B. Contact Tracing

1. All data will be stored and kept on EZFacility for contact tracing purposes for a minimum of 28 days.
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) EZFacility appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Operating hours have been adjusted to allow for contract tracing, density requirements, disinfecting and air filtration

Stephenson Fieldhouse

Schuler Indoor Recreation Center Complex

This facility will be used by current students, faculty and staff. It will be accessed only through our online reservation system that will have designated appointment blocks. All patrons will come with their workout clothes on with the exception of a change of shoes. The initial check-in will be at the Deneka Fitness Center desk, with a second check in at the base of the fieldhouse stairs, where each ID will be collected and returned to the patron upon checkout. In the initial phase of re-opening only low risk recreational activities will be permitted [NYS sports and recreation guidelines](#)

I. People

A. Physical Distancing

1. Facility will be well under the 33% capacity of 146 under the interim guidelines, however, we will limit it to 40 individuals using the facility and up to 2 employees in our initial phase.
 - a) 33% capacity must be used as the upper limit. If 6' distancing cannot be maintained at this level, that capacity limit will be decreased as to allow for 6' distance at all times
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
4. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
5. All patrons and employees must remain 6' apart, at all time unless safety or "core activity" requires a shorter distance
6. If physical distancing is not achievable in areas such as the checkin/checkout at the base of the stairs, physical barriers will be erected (e.g. Plexiglass)
7. Employees are required to wear a face mask and socially distance 6' apart from all patrons and other employees at all times (unless performing a "core activity" for safety purposes as explained above.
8. Employees must reinforce social distancing, mask wearing, cleaning procedures and capacity
9. One way lanes will be utilized to limit congestion

II. Places

A. Air Handling System

1. Air handlers (Clarkson Assets- IR-F2011-AHU-002 and IR-F2011-AHU-003) which utilizes glycol based hot water heating configured for 100% outdoor air supply with forced exhaust through exterior wall louver North West wall within Field House.
2. Return air louvers located within interior walls of Fieldhouse closed resulting in 100% outdoor air supply.

B. Protective equipment

1. Acceptable face coverings must be worn at all times
 - a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield at all times
 - b) Bandanas, buffs and gaiter are not acceptable face coverings for use in gyms and fitness centers
2. Limit the sharing of objects or touching of shared surfaces
 - a) Shower units within the locker rooms are no longer operable
 - b) Communal water fountains on site will be closed
 - c) Communal water bottle filling stations will be open with proper social distancing guidelines
 - d) Bathrooms will only be used in the locker room area and will be disinfected after each appointment block

C. Hygiene and Cleaning

1. Patrons must wipe down each piece of equipment after each use
 - a) Sharing of equipment is not recommended, but if sharing occurs, the respective patron must wipe down each piece of equipment after their use, before the next patron uses said equipment
2. Employees will be assigned their own “zones” to clean and enforce rules to minimize employee travel throughout the facility
3. Employees will be trained on cleaning all surfaces using all products in the facility to ensure correct application of each cleaning and disinfecting product
4. Employees must disinfect their work station and common use items such as phone and computer after each use.
5. Blocks have been determined by educational class times to give students ample opportunity to utilize facility while balancing facility needs to clean surfaces and allow air filtration to occur
6. Employees and patrons must use the provided, DEC and EPA approved products to clean and disinfect all surfaces and equipment
7. Patrons must disinfect their equipment after each use
 - a) Disinfecting supplies and station will be supplied and stationed throughout the facility

8. Patrons must wash their hands or, where appropriate, use hand sanitizer after each activity
9. If hands are visibly soiled, hand washing must occur instead of using hand sanitizer
10. Employees will enforce cleanliness policy, as well as clean equipment themselves where appropriate during appointment blocks
11. Scheduled cleaning windows will allow for a change of air via HVAC system to limit cross contamination between reservation blocks
12. Foggers will be utilized at least once per day at the close of the facility
 - a) Due to their ability to put large amounts of chemicals into the air and on surfaces, use of foggers during operating hours will be at the discretion of employees to maximize cleanliness but also minimize potential exposure to airborne chemicals
 - b) Use of fogger will only be allowed when employee is donning appropriate PPE (mask and goggles at a minimum), during cleaning windows, and giving appropriate time to let chemical dissipate from the air prior to any workout block
13. A walk-behind floor scrubber will be used to disinfect floor surfaces
14. If appropriate, an area of the facility may be closed during a workout block for deep cleaning via spray bottles, wipes, and/or floor scrubber if participation at a given workout block is low and social distancing can be maintained in the area of the facility that remains open
 - a) Foggers can not be used under these circumstances due to high likelihood of exposure to airborne chemicals
15. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 on NYS/DOH Interim Guidance for Gyms document will be performed

D. Communication

1. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
2. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
3. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
4. Erik Whitcombe is the site safety monitor for the Stephenson Fieldhouse

III. Process

A. Screening

1. All screening will be conducted at the Deneka Fitness Center front desk and will follow those guidelines:
 - a) Health screenings are required for employees and patrons at each new visit
 - (1) Screenings will be performed on-site prior to them entering the facility.
 - (2) Screening must determine if the individual has:
 - (a) Knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
 - (b) Tested positive for COVID-19 through diagnostic test in the past 14 days
 - (c) Experience symptoms of COVID-19 in the past 14 days; and
 - (d) Traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days
 - (3) Any individual who screens positive for COVID-19 shall not be permitted access to the facility

B. Contact Tracing

1. All data will be stored and kept on EZFacility for contact tracing purposes for a minimum of 28 days.
2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) EZFacility appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
3. Operating hours have been adjusted to allow for contract tracing, density requirements, disinfecting and air filtration

Steve Yianoukos Fitness Center Cheel Campus Center and Arena

This facility will be used by current students, faculty and staff. It will be accessed only through an online reservation system that will have designated appointment blocks. Athlete only hours will be phased in at a later date under separate guidance. At this time there will be no fitness classes during this phase of reopening.

I. People

A. Physical Distancing

1. Facility is limited to 33% capacity which is 46 individuals using the facility and up to four employees under the interim guidelines
 - a) 33% capacity must be used as the upper limit. If 6' distancing cannot be maintained at this level, that capacity limit will be decreased as to allow for 6' distance at all times
4. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
5. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
6. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
7. All patrons and employees must remain 6' apart, at all time unless safety or "core activity" requires a shorter distance
 - a) NYS defines a "core activity" as using an elevator, attending to a medical emergency etc.
 - b) Core activities do NOT apply to exercise activities - 6' distance must be maintained at all times while exercising.
8. Spotting is considered a "core activity" for safety reasons
 - a) Employees should discourage free weight exercises that require a spotter. However, if those exercises occur, an employee wearing a face covering should be available or the patron who is lifting the weights should have a member of their household who is wearing a face covering available to spot. In either case, spotting must be conducted within the least amount of time possible (ie. no lingering or socializing)

9. If physical distancing is not achievable in areas such as the front desk, physical barriers will be erected (e.g. Plexiglass)
 - a) A contactless ID card scanner will be utilized to check into the facility
 - b) An internet based reservation system (EZ Facility), will be utilized to reserve time to use the facility

10. In areas such as the front desk where person to person contact is traditionally frequent, the following measures will be taken to eliminate that contact.
 - a) A contactless ID card scanner will be utilized to check into the facility
 - b) An internet based reservation system (EZ Facility), will be utilized to reserve time to use the facility
11. Employees are required to wear a face mask and socially distance 6' apart from all patrons and other employees at all times (unless performing a "core activity" for safety purposes as explained above.
12. Employees must reinforce social distancing, mask wearing, cleaning procedures and capacity (via EZfacility and ID card check ins)
13. One way lanes will be utilized to limit congestion

II. Places

A. Air handling system

1. Air handling system (Clarkson Asset CC-F3002-AHU-302 aka CC-F3002-AHU-402) utilizes optional mixed air preheat followed by hot water coil primary heat. Supply air fan modulates based on variable air volume with reheat (VAV) demand. Siemens supplier has programmed system for 0% mixed (return) air resulting in 100% outdoor air supply.
2. Exhaust damper programmed for 100% exhaust

B. Protective equipment

1. Acceptable face coverings must be worn at all times
 - a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield at all times
 - b) Bandanas, buffs and gaiters are not acceptable face coverings for use in gyms and fitness centers
2. Limit the sharing of objects or touching of shared surfaces
 - c) Communal water fountains on site will be closed
 - d) Communal water bottle filling stations will be open with proper social distancing guidelines
 - e) Bathrooms are individual use only each with dedicated doors to enter

C. Hygiene and Cleaning

1. Patrons must wipe down each piece of equipment after each use
 - a) Sharing of equipment is not recommended, but if sharing occurs, the respective patron must wipe down each piece of equipment after their use, before the next patron uses said equipment
2. Employees will be assigned their own “zones” to clean and enforce rules to minimize employee travel throughout the facility
3. Employees will be trained on cleaning all surfaces using all products in the facility to ensure correct application of each cleaning and disinfecting product
4. Employees must disinfect their work station and common use items such as phone and computer after each use.
5. Blocks have been determined by educational class times to give students ample opportunity to utilize facility while balancing facility needs to clean surfaces and allow air filtration to occur
6. Employees and patrons must use the provided, DEC and EPA approved products to clean and disinfect all surfaces and equipment
7. Patrons must disinfect their equipment after each use
 - a) Disinfecting supplies and station will be supplied and stationed throughout the facility
8. Patrons must wash their hands or, where appropriate, use hand sanitizer after each activity
9. If hands are visibly soiled, hand washing must occur instead of using hand sanitizer
10. Employees will enforce cleanliness policy, as well as clean equipment themselves where appropriate during appointment blocks
11. Commonly used items (e.g. dumbbells, benches, cardio equipment) will be cleaned by employees at minimum every 90 minutes during scheduled cleaning windows between appointment blocks (in addition to cleaning during appointment blocks by patrons and employees)
12. Four times per day, longer cleaning windows have been scheduled between appointment blocks to allow for a deeper clean of commonly (explained above) and less commonly used items (e. Plyometric boxes, specialty equipment etc..)
13. Scheduled cleaning windows will allow for a change of air via HVAC system to limit cross contamination between 90 minute workout blocks
14. Foggers will be utilized at least once per day at the close of the facility
 - a) Due to their ability to put large amounts of chemicals in the air and on surfaces, use of foggers during operating hours will be at the discretion of employees to maximize cleanliness but also minimize potential exposure to airborne chemicals
 - b) Use of fogger will only be allowed when employee is donning appropriate PPE (mask and goggles at a minimum), during

- cleaning windows, and giving appropriate time to let chemical dissipate from the air before next 90 minute workout block
15. A walk-behind floor scrubber will be used multiple times per day to disinfect floor surfaces
 - a) Will be used at minimum once daily at close of facility
 - b) Can be used at employee discretion during operating hours, taking into account the time needed for floor to dry before patrons are able to walk on cleaned floor surface
 16. If appropriate, an area of the facility may be closed during a workout block for deep cleaning via spray bottles, wipes, and/or floor scrubber if participation at a given workout block is low and social distancing can be maintained in the area of the facility that remains open
 - a) Foggers can not be used under these circumstances due to high likelihood of exposure to airborne chemicals
 17. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 on NYS/DOH Interim Guidance for Gyms document will be performed

D. Communication

1. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) Appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
2. Where people may congregate, markers spaced 6' apart will denote social distancing guidelines
3. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in
4. Patrick Dugan is the site safety monitor for the Yianoukos Fitness Center

IV. Process

A. Screening

1. Health screenings are required for employees and patrons at each new visit
 - a) Screenings will be performed on-site prior to them entering the facility.
 - b) Screening must determine if the individual has:
 - (1) Knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19

- (2) Tested positive for COVID-19 through diagnostic test in the past 14 days
 - (3) Experience symptoms of COVID-19 in the past 14 days;
and
 - (4) Traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days
- c) Any individual who screens positive for COVID-19 shall not be permitted access to the facility

B. Contact Tracing

- 1. All data will be stored and kept on EZFacility for contact tracing purposes for a minimum of 28 days.
- 2. Facility is accessed only via appointment during allotted time period patron signed up for prior to use
 - a) No walk-in allowed
 - b) EZFacility appointment system allows for data collection for contact tracing purposes
 - (1) Full name, address, phone number
- 3. Operating hours have been adjusted to allow for contract tracing, density requirements, disinfecting and air filtration

HOCKEY PERFORMANCE CENTER

Cheel Arena & Campus Center

This facility is open only to the men's and women's DI hockey teams to use during pre-scheduled training periods.

I. People

A. Physical Distancing

1. Facility is limited to 33% capacity which is 33 individuals under the interim guidelines
 - a) 33% capacity must be used as the upper limit. If 6 feet of social distancing can not be maintained at this level, that capacity limit will be decreased as to allow 6 feet of social distancing space at all times
 - b) Hockey teams are the only ones using this facility, will use family units (those who live together) as pods for training
2. Facility is accessed only by schedule through the Head Strength and Conditioning Coach
 - a) Working on a schedule that has only one team use the gym each day
3. All athletes and coaches must remain 6 feet apart, at all times unless a safety or 'core activity' requires a shorter distance
 - a) NY State defines a 'core activity' as using an elevator, attending to a medical emergency, etc
 - b) Core activities do NOT apply to exercise activities- 6 feet distance must be maintained at all times while exercising
4. Spotting is considered a 'core activity' for safety reasons
 - a) Coaches should discourage free weight exercises that require a spotter. However, if those exercises occur, a coach wearing a face covering should be available or the athlete who is lifting the weights should have a member of their household who is wearing a face covering available to spot. In either case, spotting must be conducted within the least amount of time possible (i.e., no lingering or socializing)
 - b) Dual spotting from the sides will be encouraged when possible
5. Coaches are required to wear a face mask and socially distance 6 feet apart from all athletes and other employees at all times (unless performing a 'core activity' for safety purposes as explained above)
6. Coaches must enforce social distancing, mask wearing, cleaning procedures, and capacity
 - a) Coaches will be assigned their own 'zones' to clean and enforce rules to minimize employee travel throughout the facility

- b) Coaches will be trained on cleaning all surfaces using all products in the facility to ensure correct application of each cleaning and disinfecting product

II. Places

A. Air Handling System

1. Air handling system (Clarkson Asset CC-F3002-AHU-301 aka CC-F3002-AHU-401) utilizes desiccant heat recovery followed by hot water coil primary heat. Unit supply air fan modulates to variable air volume (VAV) demand. System has no mixed (return) air feature. Siemens supplier programmed heat recovery to be disabled resulting in 100% outdoor air supply with no exhaust air exposure.

B. Protective Equipment

1. Acceptable face coverings must be worn at all times
 - a) For individuals who are unable to medically tolerate an acceptable face covering, individuals must wear a face shield at all times
 - b) Bandanas, buffs and gaiters are not acceptable face coverings for use in gyms and fitness centers
2. Limit the sharing of objects or touching of shared surfaces
 - a) Communal water fountains on site will be closed
 - b) Communal water bottle filling stations will be open with proper social distancing guidelines
 - c) Bathrooms are located in the respective team locker rooms and will be disinfected after each training session

C. Hygiene and Cleaning

1. Athletes must wipe down each piece of equipment after each use
 - a) Sharing of equipment is not recommended, but if sharing occurs, the respective athlete must wipe down each piece of equipment after their use, before the next athlete uses said equipment
 - b) Coaches will set up workouts so that if equipment needs to be shared, it will only be shared by family units
 - c) All equipment will be left out to be cleaned thoroughly at the end of each training session
2. Coaches must disinfect their work station and common use items such as phone and computer after each use
3. Coaches and athletes must use the provided, DEC and EPA approved products to clean and disinfect all surfaces and equipment
4. Athletes must disinfect their equipment after each use
 - a) Disinfecting supplies and stations will be supplied and stationed throughout the facility
5. Athletes must wash their hands or, where appropriate, use hand sanitizer after each activity
6. If hands are visibly soiled, hand washing must occur instead of using hand sanitizer
7. Coaches will enforce cleanliness policy, as well as clean equipment themselves where appropriate during appointment blocks

8. Commonly used items, (e.g dumbbells, barbells, benches, cardio equipment) will be cleaned by Coaches after each training session (in addition to cleaning during appointment blocks by athletes and coaches)
9. Scheduled cleaning windows also allow for a change of air via HVAC system to limit cross contamination between training groups
10. Foggers will be utilized at least once per day at the close of the facility
 - a) Due to their ability to put large amounts of chemicals into the air and on surfaces, use of foggers during operating hours will be at the discretion of employees to maximize cleanliness but also minimize potential exposure to airborne chemicals
 - b) Use of foggers will only be allowed when employee is donning appropriate PPE (mask and goggles at minimum), during cleaning windows, and giving appropriate time to let chemical dissipate from air before next 90 minute workout block
11. A walk-behind floor scrubber will be used at least once per day to disinfect floor surfaces
 - a) Will be used at minimum once daily at close of facility
 - b) Can be used at coaches discretion during operating hours, taking into account the time needed for floor to dry before patrons are able to walk on cleaned floor surface
12. If appropriate, an area of the facility may be closed during a workout block for deep cleaning via spray bottle, wipes, and/or floor scrubber if participation at a given workout block is low and social distancing can be maintained in the area of the facility that remains open
 - a) Foggers can not be used under these circumstances due to high likelihood of exposure to airborne chemicals
13. If an individual utilizes the facility and later tests positive for COVID-19, sanitation procedures outlined on page 13 of NY State/Department of Health Interim Guidance for Gyms document will be performed

D. Communication

1. Facility is accessed only by schedule through the Head Strength and Conditioning Coach
 - a) Working on a schedule that has only one team use the gym each day
2. Floor stickers and tape will designate entrance, exit and flow of traffic in, out and around facility
3. Equipment will be moved and arranged to allow for social distancing and one way flow of traffic throughout facility
4. One way lanes must be utilized to limit congestion
5. Where people may congregate, markers spaced 6 feet apart will denote social distancing guidelines
6. Signage will be placed around facility at appropriate locations
 - a) NYSDOH recommended signage will be used and examples can be found in the appendix of this document
7. Tad Johnson is site safety monitor for Hockey Performance Center

III. Process

A. Screening

1. Health screenings are required for hockey team
 - a) These will be managed by our athletic trainer
 - b) Screenings may be completed prior to arrival by electronic survey or be performed on site
 - c) Screening must determine if the individual has:
 - (1) knowingly been in close contact in the past 14 days with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19
 - (2) tested positive for COVID-19 through a diagnostic test in the past 14 days
 - (3) experienced and symptoms of COVID-19 in the past 14 days; and
 - (4) traveled within a state with significant community spread of COVID-19 for longer than 24 hours within the past 14 days
 - d) Any individual who screens positive for COVID-19 symptoms shall not be permitted access to facility

B. Contact Tracing

1. All data will be stored and kept by athletic trainer for contact tracing purposes for a minimum of 28 days
2. Facility is accessed by two teams only and is scheduled through the Head Strength and conditioning coach

